

# Join the fun!

There's never been a better time to join  
**Tonic Choir**

Our friendly choirs meet in Hatch End (Monday and Thursday evenings),  
Badlett (Monday mornings) and Totteridge (Wednesday mornings).

Formed in 2009, Tonic Choir's aim is to have fun through singing a wide  
range of music. To date we have sung over 300 songs from 9 centuries in  
20 languages. There are no auditions and you don't have to be able to read  
music, but you must be over 18.

For more information  
07884 182000  
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www.tonicchoir.co.uk



## Performing in our concerts is optional

We welcome those who just want a weekly sing.

## Good for your health

The evidence that singing is good for your health is now overwhelming. Our  
sessions include a lot of laughter which is also good for your well-being.



TONIC CHOIR PRESENTS



**Celebrating ten years of making  
music together**

## Highlights of our tenth year will include

Beyond the Trenches (10 November 2018)  
Songs from WW1 at home and abroad

Workshop with vocal coach and broadcaster, Mary King  
(February 2019)

Spring concert (March 2019)  
featuring ENO Harewood Artist, Nadine Benjamin

Fundraiser with More Than Just A Choir (June 2019)

Choral Jazz with Pete Churchill (June 2019)

Carmina Burana at the Royal Albert Hall (July 2019)  
including workshop with Brian Kay

Voices for Hospices (October 2019)

Gala Concert (November 2019)

Please join us at our events or better still come and sing with us on a regular basis.

The details in this leaflet are correct at the time of going to print.

For the latest news, please refer to [www.tonicchoir.co.uk](http://www.tonicchoir.co.uk)

### **Saturday 10 November 2018 at 11.30 and 14.30**

Beyond the Trenches at Bentley Priory Museum

Songs from WW1 at home and abroad

A revival of our highly successful concert, first seen in 2017.

Details at [www.tonicchoir.co.uk/trenches-2018.html](http://www.tonicchoir.co.uk/trenches-2018.html)

### **Thursday 15 November 2018 at 16.00 and 17.00**

We will be singing songs from the movies at the INTU Shopping Centre in Watford. To find us, go to the ground floor of the Atrium, in the new extension.

### **Sunday 10 February 2019 (Tonic members only)**

Workshop with **Mary King** at Grimsdyke School, Hatch End

Mary's multi-faceted career encompasses roles as performer, vocal coach, writer and broadcaster on TV and radio. If you are not yet a Tonic member, this is another good reason to join the choir in January.

### **Sunday 24 March 2019**

Tonic's Spring Concert at Watford Boys School

You can be sure of a wide and entertaining selection of music from the combined Tonic choirs. Our guest performer will be ENO Harewood Artist **Nadine Benjamin** who made her critically-acclaimed debut with the English National Opera in October 2018 as Clara in Porgy and Bess. We are delighted that she has found time in her busy schedule to come back to Tonic Choir.

### **Saturday 1 June 2019**

Tonic's Summer Concert at Watford Boys School

We will be singing with, and raising funds for, More Than Just A Choir, a choir that provides musical creativity for people affected by mental ill-health.

### **Sunday 30 June 2019**

Choral Jazz with **Pete Churchill** at Watford Boys School

Pete is a jazz performer, writer and educator. Currently Head of Jazz Composition at the Royal Academy of Music, he is in great demand for workshops world-wide. This will be his fourth visit to Tonic Choir and will include a performance by him. Non-members may apply for tickets.

### **Sunday 14 July 2019**

Some 50 Tonic members have signed up to join The Really Big Chorus event at the Royal Albert Hall to sing Carmina Burana with 1,000+ singers and full orchestra. Audience tickets are available from [www.trbc.co.uk](http://www.trbc.co.uk).

We are delighted to welcome TRBC's Musical Director, **Brian Kay**, to lead one of our rehearsals. Brian is a well-known TV and stage musician having been in the original King's Singers.

### **Saturday 19 October 2019**

Once again we will join other local choirs to sing in the historic and inspiring surroundings of the Harrow School Speech Room as part of Voices for Hospices. This biennial event raises the profile of the hospice movement as well as raising much needed funds.

### **Sunday 24 November 2019**

Our 10th year ends with a gala concert in the Elliott Hall at the Harrow Arts Centre. The centrepiece of our programme will be Bryan Kesselman's Zimbabwe Suite for which we will be accompanied by an orchestra and international soloists.